



A New Hope

Sexual Activity Survey

NAME: _____ DATE: _____

(Respond to each question by checking either the Yes or No box)

		Yes	No	
1.	Do you often feel "horny" and desiring sex more often than other people you know?			
2.	Have you always thought and acted properly in regards to sexual matters?			
3.	Do you regularly view pornographic images on the internet?			
4.	Have you ever masturbated?			
5.	Do you feel more anger than other people you know?			
6.	Do you sexually fantasize about someone that you have had some casual contact?			
7.	Have you ever had any legal problems (civil or criminal) due to your sexual behaviors?			
8.	Do you frequent adult video stores?			
9.	Have you ever struggled with your sexual activities?			
10.	Do you feel separated from God because of your sexual behaviors?			
11.	Do you have periods where you cannot control your sexual thoughts and fantasies?			
12.	Do you spend time in chat rooms chatting about sexual matters?			
13.	Have you ever sexually cheated on your spouse or partner?			
14.	Have you ever thought of someone as a sexual object?			
15.	Have you ever reduced your participation in church activities because of your guilt?			
16.	Do you feel God has abandoned you because of your sexual sin?			
17.	As an adult, have you ever inappropriately touched or were sexual with a minor?			
18.	Do you always avoid looking at sexual images in the media or films?			
19.	Do you ever feel depressed or hopeless over your sexual behaviors?			
20.	Have you ever tried to quit a type of sexual activity and could not stop acting out?			
21.	Have you ever been sexual with a prostitute?			
22.	Do you ever have thoughts about having homosexual sexual relations?			
23.	Do you ever think you're a horrible person because of your sexual behaviors?			
24.	Do you think about having group sexual experiences?			
25.	Do you always remove yourself away from sexual temptation?			
26.	Have you ever been arrested for sexual solicitation?			
27.	Do you own pornographic videos, magazines, or pictures?			
28.	Do you like pornographic images showing brutality and humiliation towards others?			
29.	Do you feel agitated when you cannot have a "daily sexual release"?			
30.	Do you feel bored most of the time unless you are being sexual or thinking about sex?			
31.	Do you have a high level of stress in your life?			
32.	Do you feel you have completely conquered sexual temptation?			
33.	Have you ever asked God to take away your sexual drive or sexual organs?			
34.	Have you ever felt disturbed over your sexual activities?			
35.	Do you enjoy viewing pornographic images of children?			
36.	Have you ever had sexual activity with a pet or farm animal?			
37.	Do you think about sexual activities when you are at church services?			

(Respond to each question by checking either the Yes or No box)

		Yes	No	
38.	Do you ever cross-dress in order to find or enhance your sexual experiences?			
39.	Do you ever use drugs or alcohol to enhance your sexual experience?			
40.	Do you ever expose yourself to others in public?			
41.	Have your sexual activities hurt your relationships with your loved ones?			
42.	Have you ever had a homosexual experience?			
43.	Do you feel you need to be tested for Sexually Transmitted Diseases?			
44.	Do you ever secretly watch others through windows of their houses or apartments?			
45.	Have you ever met someone online and the relationship became sexual?			
46.	Have you lied about your sexual activities?			
47.	Have you ever excessively masturbated until you physically hurt?			
48.	Have you ever used alcohol or drugs to take sexual advantage of someone else?			
49.	Do you go to strip bars, dance clubs or lingerie modeling looking for sex ?			
50.	Do you feel the need to be in a romance at all times?			
51.	Do you neglect your responsibilities because of your sexual behaviors?			
52.	Do you feel a need to be sexual in order to feel good about yourself?			
53.	Do you seduce and manipulate others to have sexual relations with you?			
54.	Do you think that your "special sexual needs" make you different than others?			
55.	Do you fantasize and masturbate to calm down or to go to sleep?			
56.	Do you feel ashamed of your sexual behaviors?			
57.	Do you think about past and future sexual activities?			
58.	Do you think if you're sexual with someone then you will have them under your power?			
59.	Have you ever had cyber-sex?			
60.	Have you had sexual relations with anonymous partners?			
61.	Do you visit internet websites to meet potential sexual partners?			
62.	Have you ever spend money you couldn't afford to facilitate your sexual activities?			
63.	Have you always been honest?			
64.	Have you been romantically or sexually involved with more than one person at a time?			
65.	Do you regularly read romance or erotic novels?			
66.	Have you ever sexually fantasized?			
67.	Do you think you are morally bankrupt?			
68.	Have you ever traded sexual behaviors for drugs, goods, or other favors?			
69.	Have you ever been reprimanded at a work site for being sexually inappropriate?			
70.	Do you experience sexual arousal when you feel physical pain or humiliation?			
71.	Have you ever participated in high-risk sexual activities that could destroy your life?			
72.	Do you spend long periods of time thinking about sex?			
73.	Have you ever felt that all sexual activities are sinful and gross?			
74.	Do you believe others would reject you if they knew your sexual activities?			
75.	Do you sexualize others that you see in public places?			
	Totals			